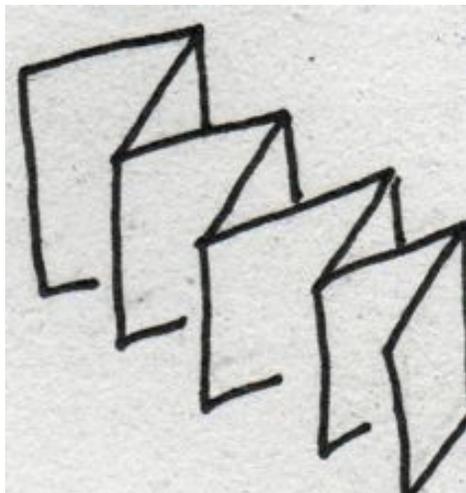


# WORKSHEET 1: CONCERTINA BOOKS

## How to make your book



### 1. Making the book block:

Take a strip and fold it in half from end to end and half again to give you 8 sections. These need to run in a zig-zag so use the folds you have created to guide back-and-forwards folds and give you an 8-page concertina

### Materials list

For each book, you will need

1 strip of paper  
(see *helpful hint* below)  
1 piece of A5 card

For the group as a whole:  
glue, pencils/pens/crayons

### Useful extras:

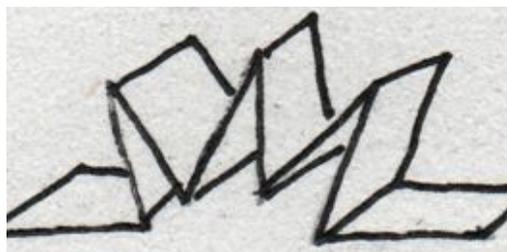
scissors  
tape  
smaller pieces of card or paper  
sellotape or double-sided tape

### 2. Ready for writing

sit the folded book block on a table: one way up will give you 4 peaks and the other 3 peaks and 2 end flaps. This is the orientation you want: the end flaps will glue flat onto the book cover

### 3. Writing your book:

see notes below for suggestions

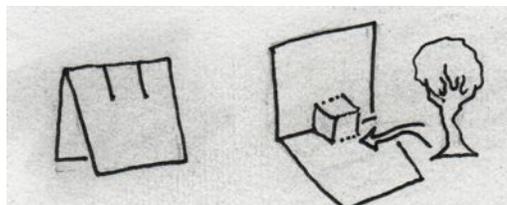


### 4. Adding the cover

Take a piece of A5 card and fold it in half. The book block will sit comfortably in here, gluing those end flaps onto the front and back covers. Add a title and decorate the front page and there you are!

### Suggestions for pages in your book

- just write or draw on the page
- write, or draw on a different piece of paper and stick it in
- add a pocket to slip things in
- add a map (good at the back perhaps?)
- fold out pages
- flaps to lift
- tiny pop-up (see below)
- add some leaf (or other) rubbings
- try quick printing



# **WORKSHEET 1: CONCERTINA BOOKS**

## **Notes**

### **Introduction**

This is a quick and easy book to make that still offers a lot of flexibility and potential for individuals to create their own unique versions. What goes into your book is up to you. I have used these for everything from storytelling to making our own guidebooks round a wood or museum. The 8 pages give a good starting length: 8 sections to a story, 8 points to convey. The book can always be extended if ideas go on growing

I would usually use this form with 7 year olds and older, with younger groups using ***the Quick Theatre Book*** (Worksheet 2) format

**Time needed:** you could do the “fold, stick, write your name on the cover” with a class in 20 minutes but it often works more gracefully to have book ideas running quietly through a workshop: show a sample at the start and as a session progresses build ideas for pages with your other activities, giving 30 - 40 minutes at the end to draw it together -or let people write or draw as you go through a whole session. Book building easily takes over - people get very absorbed into their ideas so you might want to think about ways of bringing your group back to the subject in question without interrupting their book-creativity too much. I often use a different page for different ideas within a workshop eg leaf rubbing of a tree you’ve never met before, making a flap that hides something special in this room and so on

### **Helpful hints**

**Book strips:** a useful size comes from an A2 sheet of paper torn or cut into quarters lengthwise

**Preparation:** depending upon time and the group, it can be useful to fold the book-strips in advance

**Book-block:** useful bit of jargon: a book block is the set of pages that will fit into your cover and give you a book!

